

LABOUR AND DELIVERY SKILLS CHECKLIST

MSI HEALTH INTERNATIONAL.

Please write the number that reflects your proficiency in each skill or patient care situation.

Levels of Proficiency:

0 = Unfamiliar with

1 = Theory; no practice

2 = Familiar with; need review

3 = Some experience; need minimal review

4 = Frequent experience; performs well

MEDICATION ADMINISTRATION

IM and SC Medications:

- Narcotics
- Analgesics
- Anticonvulsants
- Insulin

Monitor IV Drips:

- Oxytocin induction/augmentation
- Magnesium Sulfate Therapy and other anticonvulsants for pre-eclampsia and eclampsia
- Labor Suppressants (e.g. Ritodrine)
- Antibiotics
- Heparin

IV THERAPY

- Start IV Lines
- Regulate IVs
- Mix IV Infusion Using Additives
- Discontinue Peripheral IVs
- Use IV Infusion Pumps (inc. PCA)
- Use Heparin Lock
- Admin. Blood/Blood Products
- Draw Blood for Lab Studies

ASEPTIC TECHNIQUE / L&D

- Set up Delivery Table
- Set up Caesarean Section Table
- Circulate/Caesarean Section
- Scrub/Caesarean Section
- Circulate/Postpartum Tubal Ligation
- Scrub/Postpartum Tubal Ligation
- Assist/AROM Procedure
- Assist/Placement of Fetal Scalp
- Electrodes for Internal Monitoring
- Assist/Intrauterine Pressure Catheter
- Placement for Internal Monitoring
- Assist/Fetal Scalp Blood Sampling
- Insert Straight Foley Catheter
- Perform Vaginal Exam and Assess
- Effacement, Dilatation, Station and Presentation

INTRAPARTUM CARE TO WOMEN WITH:

- Pregnancy-Induced Hypertension
- Preeclampsia
- Eclampsia (Seizures)
- Placenta Previa
- Abruptio Placenta
- Multiple Gestation
- Malpresentations
- Premature Labor
- Diabetes Mellitus
- Cardiac Disease
- Asthma
- Infectious Disease
- Hemorrhage
- Pyelonephritis
- Cystitis
- Sickle Cell Disease
- RH Incompatibilities
- Chemical Dependency
- HIV/AIDS

OBSTETRIC TECHNIQUES AND PROCEDURES

- Conduct Stress Test
- Conduct Non-Stress Test
- Conduct Fetal Activity Determinants
- Perform CPR:*
- Adult -
- Infant -
- Chest Compressions
- Assist Umbilical Artery
- Catheter Insertion
- Assist Intubation
- Admin. IM Narcan
- Admin. Resuscitative Drugs

LABOR ASSESSMENT

- Progression of Labor:*
- Contraction Characteristics
 - Changes in Women's Behavior

LABOR ASSESSMENT (cont.)

- Changes in Women's Appearance
- Status of Membranes
- Assessment Fetal Status:*
- Determine Fetal Position
- Auscultate Fetal Heart Rate:*
- Fetoscope
- Doptone (Doppler Ultrasound)
- Monitor Uterine Activity & FHR Patterns Using Fetal Monitor:*
- External Monitor:*
- Locotransducer
- Ultrasound/Phono
- Abdominal ECG Transducer
- Internal Monitor:*
- Fetal ECG Transducer
- Intrauterine Pressure Catheter
- Identify FHR Patterns:*
- Variability/Reactivity
- Decelerations-early/late/variable
- Tachycardia/Bradycardia

Assess Maternal Status:

- Vital Signs According to Stage of Labor and Patient Stability
- Pulse Oximetry
- Deviations from Norm (Deep Reflexes, Edema, Clonus)
- EKG Assessment
- Intake and Output

Urine Testing

- Glucose
- Protein
- Specific Gravity
- Ketones

Escort To/Assist With:

- Pelvimetry
- Ultrasound

Please check box to attest that all above information is true and correct

Signature: _____

Date: _____

INTERVENTIONS DURING LABOR

- Provide Physical Comfort
- Provide Emotional Support

IMMEDIATE CARE INFANT POST-BIRTH

- Dubowitz Assessment of Gestational

POSTPARTUM ASSESSMENT (cont.)

- Episiotomy Care

**LABOUR AND DELIVERY SKILLS CHECKLIST
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- Coach in Psychoprophylactic Breathing and Relaxation Techniques
- Support/Guide Labor Coach
- Change Patient Position prn
- Perform Perineal Prep
- Provide Care and Monitor After Rupture of Membranes (Spontaneous or Artificial)

INTERVENTIONS DURING DELIVERY

- Birthing Chair/Bed
- Spontaneous Vaginal Delivery
- Forceps Vaginal Delivery
- Caesarean Section
- Labor Room Delivery
- Birthing Room Delivery
- Obstetrics Anesthesia Monitor Those Requiring Special Surveillance:*
- General Anesthesia
- Regional Anesthesia
- Epidural
- Spinal
- Local Infiltration

- Age
- Assign Apgar Scores
- Physically Exam Newborn:*
- Anomalies
- Respiratory Status

Suction Infant:

- Bulb
- Delee
- Wall
- Chest Percussions
- Weigh Infant

Identify Infant Using:

- Bracelet
- Footprints
- Mother's Band
- Radiant Warmer Operation
- Eye Prophylaxis
- Collect Cord Blood Samples
- Transfer to Nursery
- Dextostix
- Hematocrit

POSTPARTUM ASSESSMENT

- Fundus Consistency
- Lochia
- Bladder Distention

- Incision (Caesarean Delivery)
- Vital Signs
- Intake and Output
- Hemorrhoids
- Abdominal Distention

POSTPARTUM INTERVENTION

- Assist/Sitz Bath
- Assist/Breast Pump
- Initiate Fundal Massage (prn)
- Provide Perineal Care
- Apply Ice to Perineum
- Foster Parent-Infant Bonding
- Incentive Spirometry
- Initiate Post-Anesthesia*

Recovery Precautions:

- Spinal
- Epidural
- General

Postpartum Teaching:

- Assess Teaching Needs
- Breastfeeding
- Self-Care at Home
- Care of Newborn

I certify that all of the above information is correct and that any misrepresentation or falsification of fact may be considered sufficient cause for immediate dismissal from _____. I have filled out this skills checklist to the best of my knowledge and agree that all of the information provided is correct (please check box).

NAME (Please Print Clearly)

DATE

SIGNATURE

LICENSE NUMBER